SMART COMFORT

NAVA

MASSAGE RECLINER



ASSEMBLY INSTRUCTIONS & USER GUIDE

NAVA
MASSAGE RECLINER



Use this guide to get the most out of your Nava Massage Recliner.
It is recommended to read through this guide before using the chair.

SMART COMFORT

TABLE OF CONTENTS

TABLE OF CONTENTS 4

MASSAGE CHAIR COMPONENTS 5

INSTALLATION & SETUP 6

BACKREST INSTALLATION 6

REMOTE CONTROL SETUP 8

PLACING & MOVING THE CHAIR 9

POWER ON 10

REMOTE CONTROL 11

GETTING STARTED 12

MASSAGE MODES 13

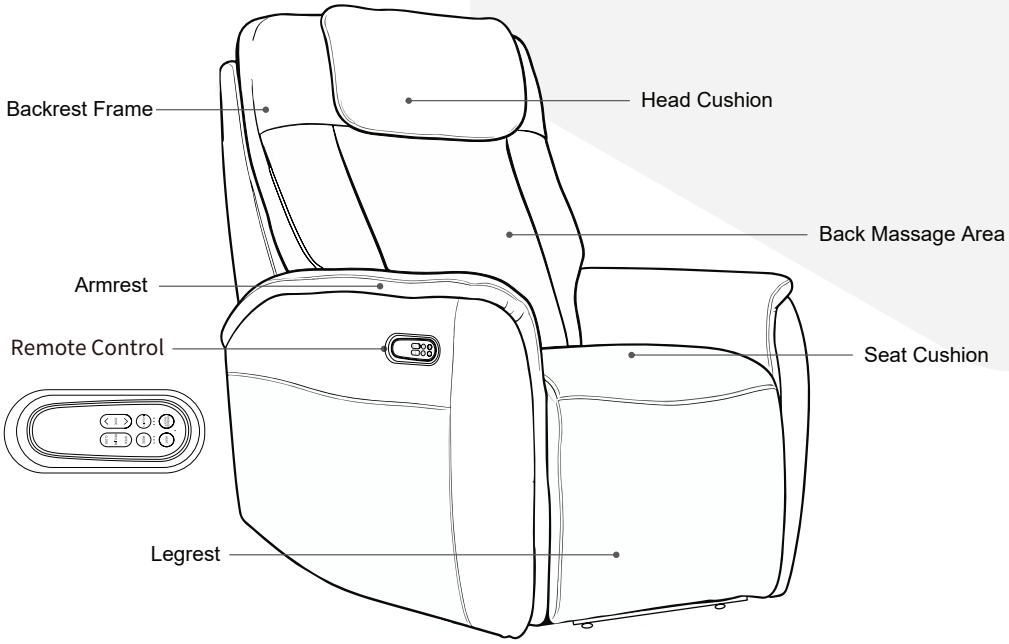
SAFETY PRECAUTIONS 15

BASIC TROUBLESHOOTING 16

GENERAL 16

REMOTE CONTROL PAIRING 17

MASSAGE CHAIR COMPONENTS



INSTALLATION & SETUP

BACKREST INSTALLATION

Scan QR code to watch a video of Figures 1-4

Identify the metal receivers on the backrest (Figure 1) and the metal posts on the seat base (Figure 2).

Figure 1

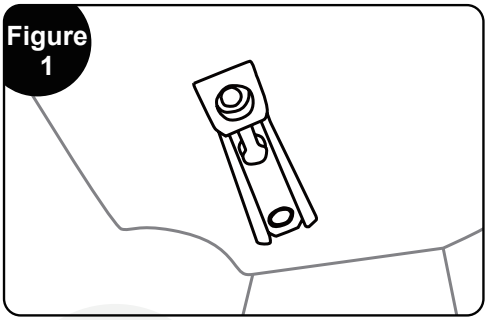
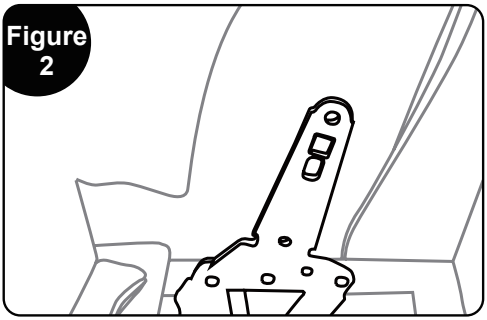
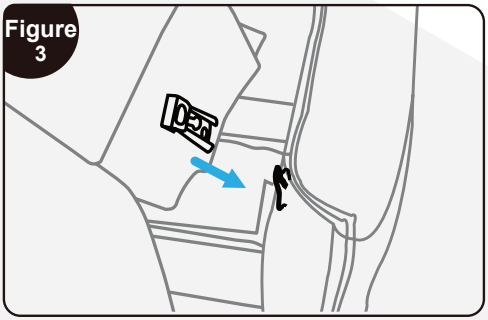


Figure 2



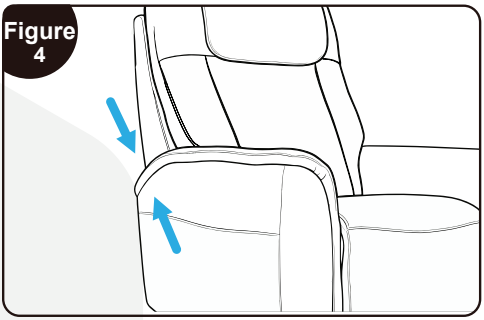
Align the receivers and posts, inserting the post into the receiver on either side.

Figure 3



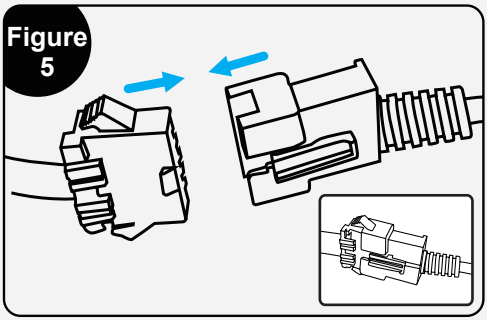
Press down on the top of the backrest to complete the connection. You may hear a click sound on either side.

Figure 4



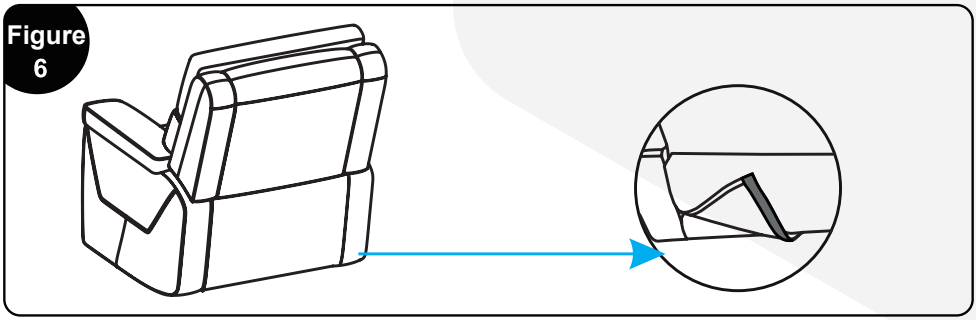
Connect the electrical plug between the backrest and the seat base - beneath the loose fabric cover.

Figure 5



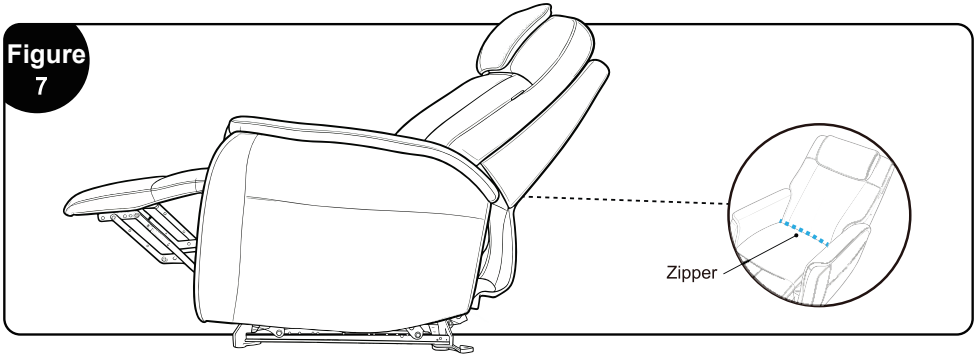
Pull the fabric cover taut and affix underneath with the attached velcro strips

Figure 6



Recline the chair (without sitting in it) and connect the central section between the backrest frame and seat cushion using the zipper

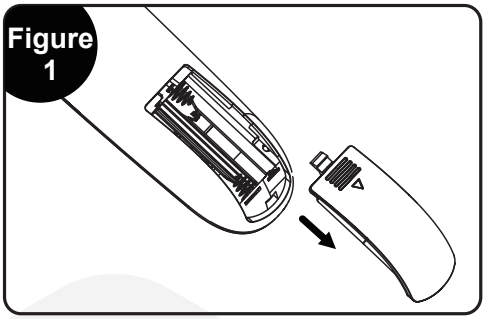
Figure 7



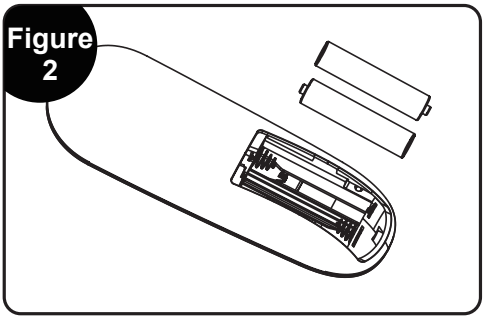
INSTALLATION & SETUP

REMOTE CONTROL SETUP

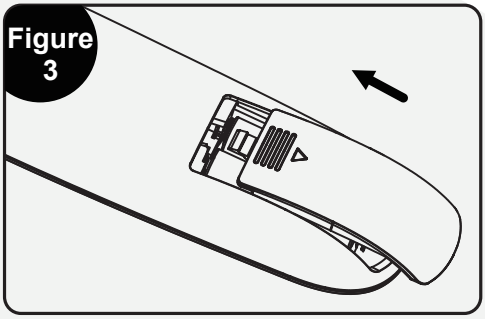
Slide the battery cover off from the back side of the remote control.



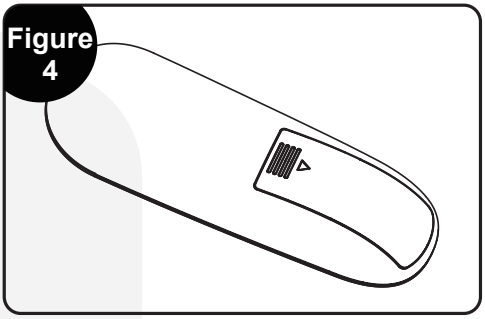
Insert 2x AAA batteries according to polarity markings.



Replace the battery cover.

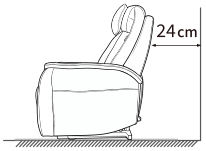


The remote control is now ready to be used, or placed into the magnetic docking base on the side of the chair.



INSTALLATION & SETUP

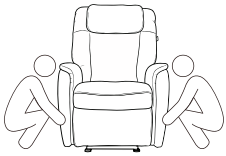
PLACING & MOVING THE CHAIR



- Ensure there is at least 24cm between the upright chair and any walls or objects behind it to ensure the chair can recline freely.

- Ensure no persons, pets or objects are near the unit before each use of the chair.

- Avoid placing under direct sunlight or in high-temperature environments. Place a protective mat under the recliner to reduce and prevent floor indentations.



- CAUTION: The chair is heavy. Always lift with 2 or more persons when moving the chair to a new location.

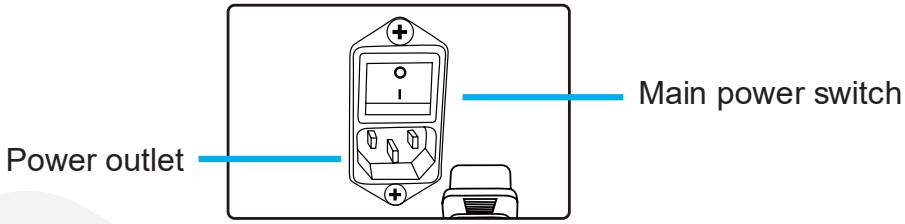
- When moving the chair, lift the entire unit to avoid damaging flooring or surfaces.

- While lifting with 2 or more persons, be careful of crushing risk to hands and feet, and be mindful or correct lifting technique to avoid back or other injury risk.

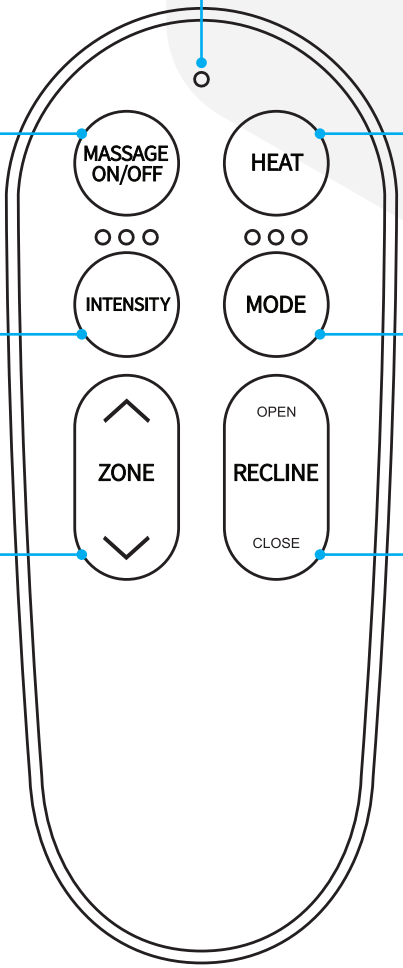
INSTALLATION & SETUP

POWER ON

Once the chair is moved into desired location and set up ready for use, connect the power plug to the power outlet at the bottom of the chair and connect to a wall outlet. Toggle the main switch to the on position.



REMOTE CONTROL



Power Light
Flashes to acknowledge key presses, and stays on to indicate heating is on

Massage On/Off
Turns the massage functions on or off. The massage program runs for 20 minutes

Heat
Turns heating function on and off. Heating status is indicated by the power light. The heat cycle runs for 20 minutes

Intensity
Adjusts the intensity of the massaging function. Current setting (1, 2 or 3) is indicated by the lights above the button

Mode Button
Press to cycle through the 3 massage modes, indicated by the 3 LED lights above

Zone
Used to adjust the position of the massage rollers up and down the backrest area

Adjusting the **Zone** will cancel the current automatic mode and instead perform massage local to where you have set the rollers

Recline
Used to adjust the recline angle of the chair's footrest and backrest

GETTING STARTED

- Sit in the chair and take the remote control from the docking base in the armrest.

- Press the **Massage On/Off** button to turn the massage function on. **(Heat and Recline functions are always available regardless of massage on or off status)**

- The chair will begin the Mode 1 massage mode. All massage modes run on a 20 minute operating cycle.

- You can use the recline **Open** and **Close** buttons to recline or upright the chair position. The massage functions will pause while recline angle is being adjusted.

- The massage mode can be changed between 1, 2 and 3 by pressing the **Mode** button - the modes are detailed on the next page.

- When the massage finishes (after 20 minutes) or is turned off via the massage on/off button, the chair will remain in current recline position. Use the **Close** button to restore the chair to upright position.

MASSAGE MODES

Use the **Mode** button to cycle through the three massage modes. The currently selected mode is indicated by number of lights (1, 2 or 3) illuminated above the Mode button. The modes are as follows:

- **Comfort Massage:**
  Focuses on the full range of the massage area. Delivers deep massage to the neck, shoulders, back, and lower back using a variety of massage techniques to relieve both physical and mental stress.

- **Shoulder and Neck Mode:**
  Focuses on the upper range of the massage area. Massages the shoulders and neck using various massage techniques to alleviate shoulder soreness, reduce neck fatigue, help encourage blood circulation, and relax the shoulders and neck.

- **Back and Waist Mode:**
  Focuses on the lower range of the massage area. Massages the back and lower back using a variety of massage techniques to relax the back and waist muscles, and reduce tension in this area.

- **Zone buttons:**
  Using the zone ^ and v arrow buttons will adjust the massage rollers position, cancelling the current massage mode and instead performing a localised, on-the-spot massage at the selected height.

Safety Precautions must be observed at all times

- Please read all relevant instructions carefully before use. The notes marked here will help you to use the product safely and correctly.

The following populations should not use this product:

- Persons (including children) with reduced physical, sensory or mental capabilities or lack of experience and knowledge unless they are supervised a by those responsible for their safety.
- Persons with implantable medical devices such as pacemakers.
- Pregnant, unwell, or those with pre-existing medical condition(s).

If you are unsure of your suitability for using this device, please consult with your medical professional before use.

IMPORTANT SAFETY WARNINGS:

- Keep children away from the movable parts of this product.
- Do not drop or push anything into any slot or gap of the machine.
- Do not press or put your hands into the cloth cover of the massage rollers.
- Please empty your pockets before operating this machine.
- Do not carry fragile or combustible material in your pockets such as mobile phones, lighters or e-cigarettes/vapes.
- Use a well-grounded power supply unit suitable for this product.
- Pull out the plug after use or before cleaning to avoid any damage to physical injury or the product.
- Operate this product as instructed in this manual.
- Do not use any parts or accessories which are not recommended.
- Do not use this product outdoors.
- Do not use near open flames such as stoves, and do not smoke while using.
- Do not use heating equipment such as electric blankets on this product.
- Do not sit on the back of the chair, leg massagers, shoulders, armrests, or stand on the seat.
- Please read the Operation Instructions carefully before operation.
- Never use this product for any other purpose not listed in the manual.
- 20 minutes of usage each time is recommended.
- Do not use this product if the cover or leather is broken or damaged.
- Do not drop anything into this product.
- Never fall asleep while using this product.
- Do not use this product with excessive force to avoid any injury.
- Do not use for purposes other than massage.
- If the power cord or any other part is damaged, it must be replaced by a professional authorized by the retailer or manufacturer, their maintenance department or similar department
- Please stop immediately and consult your doctor if you feel unwell when using this machine

Operating Environments:

- Do not use or store this product in a damp environment such as the bathroom.
- Stop using this product immediately if the device temperature changes sharply.
- Do not use this product in any heavily-dusty or caustic environment.
- Do not use this product in a small space or a place without good ventilation.

Storage Conditions:

- Storage room temperature: 5 °C to 40 °C.
- Relative humidity (RH) between 20% and 80%; free of corrosive gases, and a well-ventilated room.

Product Service & Maintenance:

- This product should be maintained by the service center or service person designated by the original retailer or manufacturer only. No user should attempt to disassemble or maintain it without permission.
- The mechanical components of this product are specially designed and manufactured, so no special maintenance is needed.
- Do not forget to turn off the main power switch after usage.
- Do not use this product if the power socket becomes loose.
- If this product will be left unused for a long period of time, it is necessary to roll up the power cord of this product and store this product in a dry and dust-free environment.
- Do not store this product at a high temperature or near open flame.
- Avoid prolonged exposure to direct sunshine.
- Please clean this product with a dry cloth only. Never use thinner, benzene or alcohol.
- Do not roll or pull this product on any uneven ground. Instead, it should be lifted before moving.
- Please use this product intermittently. Do not keep it working continuously for a long period of time.

Other Precautions:

- Check whether voltage is consistent with the specification of this product.
- Do not let water contact or flow into this product to avoid electric shock & damage.
- Do not pull the power cord when plugging or unplugging it. Rough handling is forbidden.
- Do not damage the wire or modify the circuit of this product.
- Do not clean live parts of this product with a wet cloth such as a power switch and plug.
- Be away from this product in case of power failure to avoid any injury if power is restored suddenly.
- Stop using this product at once if it is operating abnormally, and consult your original retailer.

BASIC TROUBLESHOOTING

GENERAL

Problem: **The remote control is not working correctly**

Solution: Check the chair is powered on correctly, power cable is secured to both the back of the chair and the power outlet on the wall. Ensure the power switch on the chair is in the on position. Ensure the remote control has working batteries, and point the remote control at the chair while pressing buttons.

Problem: **The chair stops operating unexpectedly**

Solution: The massage function will automatically end after the massage program runs for 20 minutes. There is an overheat thermal protection where the chair will shut down if it becomes too hot. Allow half an hour between massage cycles to avoid overheating.

Problem: **The chair upholstery is noisy during operation**

Solution: Due to the upholstery properties, some noise is to be expected - however if the chair is very noisy or sounds like tearing fabric during operation, stop use immediately and contact your retailer to arrange an authorised inspection.

Problem: **Massage rollers fail to reach shoulder/neck position**

Solution: During the startup scanning modes improper posture (head not touching the head pillow, back not against backrest, slouching, irregular sitting position) may produce a poor roller position result. Power the chair off and back on while sitting in correct posture.

Problem: **Chair damage, power cord damage, frequent overheating, etc**

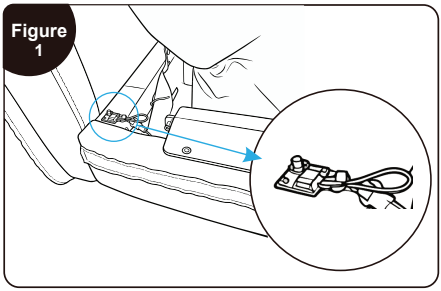
Solution: Stop use immediately and contact the retailer you purchased the chair from to arrange an authorised inspection

REMOTE CONTROL PAIRING

The remote control comes paired to the chair already. These instructions apply only for replacing the remote control with a new unit - your retailer or authorised repairer will advise if this step is warranted. **Do not perform these steps in the first instance of a non-working remote control.** Ensure new batteries are being used, chair is powered on correctly and there no obvious damage to remote or chair.

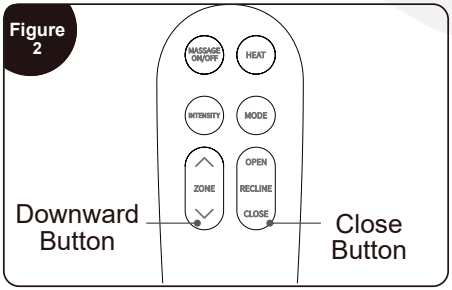
1. Open the fabric cover in the back of the chair by undoing the velcro strip, peel off the adhesive tape at the lower rear edge of the device; then locate the circuit board button shown in Figure 1 near the left side

Figure 1



2. Simultaneously press and hold for 3 seconds the Zone ﹀ button and the Recline Close button on the remote. Release when the red light on the remote stays on.

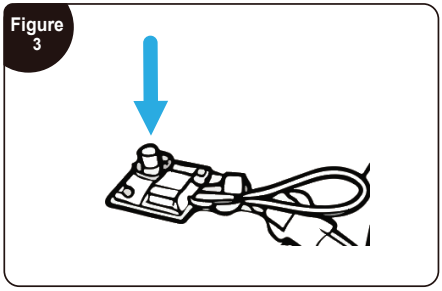
Figure 2



3. Press and hold for 3 seconds the button on the circuitboard from Figure 1, and release after hearing five beeps.

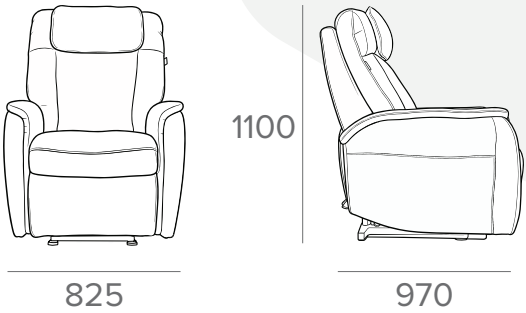
If the red light on the remote control blinks 5 times then turns off, this indicates a successful pairing between the chair and the remote.

Figure 3



If the red light stays on for 30 seconds then turns off, this indicates that the pairing failed. Repeat these steps until a successful connection is made.

NAVA MASSAGE RECLINER



Keep at least 240mm of clear space between the chair backrest and nearby walls or furniture to ensure there is no contact with any items when chair is fully reclined.

Health and Safety Warnings: Do not drop or push anything into any slot of the machine.

Please stop immediately and consult your doctor if you feel unwell when using this machine.

This appliance is not intended for use by persons (including children) with reduced physical, sensory or mental capabilities, or lack of experience and knowledge, unless they have been given supervision or instruction concerning use of the appliance by a person responsible for their safety.

Do not use if you are pregnant, unwell, or have a pre-existing medical condition.

Do not sit on the back, armrest, or the leg rest as it may result in damage or injury.

Do not press or put your hands into the cloth cover of the massage hands.

Children should be supervised to ensure that they do not play with the product.